Cochlear[®]

Hear now. And always

Understanding Consumer Sentiment Toward Hearing Health

Research Report

January 2023



Contents

01 Background & methodology

02 Executive Summary 03 Detailed Findings



Background & methodology

While Singapore is a leading market in ASEAN for Cochlear implants, penetration is very low, estimated at 1%.

Cochlear commissioned consumer research, to get a better understanding of general awareness of screening for hearing health generally, and devices such as Cochlear specifically.





Executive Summary



Key takeaways: The current state of hearing health

- 9 in 10 respondents believe that maintaining hearing health either is very or extremely important to the quality of their life. Over half of the survey respondents (57%) are extremely/very concerned with their hearing health, currently. Men are relatively more concerned than women (60% extremely/very concerned vs 53%).
- 7 out of 10 survey respondents do not currently experience hearing difficulty, and younger respondents are more likely to give themselves a clean bill of hearing health. Of those who have experiences some hearing difficulties, slightly less than a quarter (24%) have been in treatment or are currently seeking treatment. 30% are not actively looking for treatment and 11% do not intend to get treated.
- Only 23% of respondents have had a hearing test in the last 3 years and 27% disagreed with the statement 'I have received good info and education from my GP on hearing health'. This suggests a current blind-spot and potential opportunity for Cochlear in Singapore to play a more active role in promoting hearing health.



Key takeaways: Cost of treatment

- For those with hearing difficulties, they are most likely to discuss this with family members (32%) than with a doctor specializing in hearing issues (29%) or even their family doctor (23%).
- 49% of those with hearing difficulties avoid treatment because they believe they can't afford it. At the same, almost one third do not know where they should go for help. Lower Monthly Household Income respondents are least likely to seek treatment. They don't want to spend money to see the doctor for what they think is something that's manageable.
- This leads to people dealing with hearing difficulties effectively suffering in silence. Emotional and rational barriers to seeking treatment can be lowered by Cochlear promoting the benefits of early testing, and the benefits of seeking treatment.



Key takeaways: 'Positive denial' of problems

- Reasons for not seeking treatment, amongst those who have untreated hearing problems is an emotional barrier – people thinking that because their hearing problems are not consistent or severe, they do not have to see a doctor. This type of 'positive denial' is common in Singapore and SE-Asia and is typically linked to fears that medical treatments cost money and/or limit the ability to be employed.
- Amongst the total base of respondents, the Top 2 reasons that would make someone more likely to seek treatment for hearing difficulties was if it helped them to stay in the workforce longer, or if it would cause them to be less of a burden for their family.
- Considering that most respondents are currently employed, promoting hearing health awareness through corporate wellness schemes could be a route for Cochlear to consider.





Detailed Findings





Attitudes to Hearing Health



Importance of maintaining hearing health

42%	48%	10%	-%
Extremely important	Very	Somewhat	Not
	important	important	important

- 9 in 10 respondents believe that maintaining ٠ hearing health either is very or extremely important to the quality of their life
- Older respondents were most likely to believe ٠ maintaining hearing health is 'extremely important' (45% of those aged 65+, compared with 40% of those aged 35-44)
- 10% of respondents said it was somewhat ٠ important; highest amongst those who are single (14%) and those with a Monthly Household Income of less than SG\$3,000 (16%)



Al: In your opinion, how important is maintaining your hearing health to the quality of your life?

Hearing health concerns



- Over half of the survey respondents (57%) are • extremely/very concerned with their hearing health, currently
- Men are relatively more concerned than women (60% extremely/very concerned vs 53%)
- Top 2 Box concern levels decreases as age • increases
 - 35-44 61%
 - 45-54 59%
 - 55+ 46%



A2: How concerned are you currently about your hearing health?

Attitudes to hearing health

Hearing difficulties would reduce my effectiveness at work Hearing difficulties would hurt my ability to remain employed Untreated hearing loss can lead to feelings of social isolation Treating hearing loss factors in lowering risk for dementia in later life Women are more likely to experience hearing loss Singapore MOH provides funding to support purchase of hearing devices A build-up of ear wax can cause hearing loss I have received good info and education from my GP on hearing health Hearing loss is inevitable as you get older and should just be accepted Mild hearing loss doesn't affect a person's life or daily functioning

■ Strongly disagree ■ Disagree ■ Neutral ■ Agree ■ Strongly agree

%4%	16%		51%			29 %
%5%	20%		5	50%		24%
%5%	18%		53	3%		24%
%5%	29%	%		47%	6	18%
<mark>4%</mark>	20%	24%		ļ	52%	18%
<mark>3%</mark> 7%		44%			44%	13%
% 9%	2	29%			53%	11%
6%	22%		27%		37%	9%
5%	16%		39%		32%	9%
6%	28%		27%		33%	8%



A3: Please indicate how much you agree or disagree with each of the following statements

Attitudes to hearing health

Hearing difficulties would reduce my effectiveness at work	<mark>%</mark> 4%	16%		51%		29 %
Hearing difficulties would hurt my ability to remain employed	<mark>%5%</mark>	20%		50%		24%
Untreated hearing loss can lead to feelings of social isolation	%5%	18%		53%		24%
Treating hearing loss factors in lowering risk for dementia in later life	<mark>%5%</mark>	29%		4	7%	18%
Women are more likely to experience hearing loss	<mark>4%</mark>	20%	24%		52%	18%
Singapore MOH provides funding to support purchase of hearing devices	3% 7%		44%		44%	13%
A build-up of ear wax can cause hearing loss	% 9%	29	1%		53%	119
I have received good info and education from my GP on hearing health	6%	22%		27%	37%	9
Hearing loss is inevitable as you get older and should just be accepted	5%	16%		39%	32%	9
Mild hearing loss doesn't affect a person's life or daily functioning	6%	28%		27%	33%	8

Strongly disagree Disagree Neutral Agree Strongly agree

- Survey respondents are in strongest agreement that hearing difficulties would impact their livelihood
- This was true across all age groups, but particularly so for those aged 55 and above
- Over a quarter of respondents (27%) disagreed with the statement 'I have received good info and education from my GP on hearing health'
- This suggests a current blind-spot and potential opportunity for health care professionals in Singapore to play a more active role in promoting hearing health
- Worryingly, 41% believe that 'Hearing loss is inevitable as you get older and should just be accepted'



A3: Please indicate how much you agree or disagree with each of the following statements

Medical tests recently undertaken



- Unsurprisingly, vaccinations top of the list of ٠ medical tests undertaken in the last 3 years
- Having a hearing test during a GP check-up ٠ ranks 5th on the list, but equates to less than a quarter (23%) of survey respondents, less than half the number who had a vision test in the same time period
- This figure was even lower for: ٠
 - Women (19%)
 - People aged 55+ (15%)
 - Single people (14%)
 - People with MHI of less than SG\$3K. (11%)



A6: Which, if any, of the following have you had in the past 3 years? Please select all that apply.

Likelihood of getting a hearing check-up



- Over two-thirds of survey respondents would be very or extremely likely to get a hearing check-up
- Men (72%) are significantly more likely than women (64%), but no significant differences in opinion by age
- Monthly Household Income has a greater effect on likelihood to have a hearing test:
 - Less than SG3k per month, 15% not likely to test vs 4% amongst those earning SG\$10K or more



A5: If you felt you had difficulty with your hearing, how likely would you be to get a hearing check-up?

Current hearing difficulties



- 7 out of 10 survey respondents do not currently • experience hearing difficulty, and younger respondents are more likely to give themselves a clean bill of hearing health
 - 35-44 75%
 - 45-54 70%
 - 55-65 71%
 - 65+ 62%
- No significant differences by gender •



A4a: Do you currently experience any difficulty hearing?

Treatment for hearing difficulties

11%	13%	34%	30%	11%

Yes: have	Yes:	No: still	No: not	No: do not	
been	currently	looking for	actively	intend to get	
treated	receiving	a suitable	looking for	treated	
licuted	treatment	treatment	treatment	licated	

- Of those who have experiences some hearing ٠ difficulties, slightly less than a quarter (24%) have been in treatment or are currently seeking treatment
- 34% are still looking for a suitable treatment ٠
- 30% are not actively looking for treatment and 11% ٠ do not intend to get treated
- The percentage of those not intending to get ٠ treated rises to 17% amongst those aged 55+ and 26% of those earning less than SG\$3K per month



A4b: You mentioned you have some difficulty hearing. Have you been treated or are receiving treatment for this condition?

Reasons for not seeking hearing treatment





A7: You mentioned earlier that you are not actively looking for treatment or do not intend to get treated for difficulty hearing. Which of the following best explains why you made this decision?

Base: All respondents with hearing difficulties, but not seeking treatment. N=116

Barriers to seeking treatment





A8: Which of the following, if any, might prevent you from getting help for your hearing difficulty?

Activities believed to contribute to poor hearing



- Almost 3 guarters of respondents (71%) believe that ٠ poor hearing is a result of working in a noisy environment or using headphones at loud volumes
- These attitudes were broadly similar across gender, ٠ age and other socio-demographic indicators



A9: Do you think that any of these activities could contribute to hearing problems?

Triggers for seeking treatment

I felt it would help me stay in the workforce longer

I felt that treating difficulty hearing would cause me to be less of a burden on my family

> I felt it was limiting my relationship with my family and friends

> > It would make me less likely to develop other health issues

I knew someone else that has been treated successfully for a hearing difficulty

> I was afraid that I would embarrass myself by mishearing someone

> > Someone I cared about urged me to seek treatment



- Amongst the total base of respondents, the ٠ Top 2 reasons that would make someone more likely to seek treatment for hearing difficulties was if it helped them to stay in the workforce longer, or if it would cause them to be less of a burden for their family
- Being less of a burden on family is higher for ٠ women (39%) than men (32%), while staying in the workforce longer is higher for men (40%) than women (28%)
- Amongst those with hearing problems that ٠ they are not having treated, the key trigger would be if they could afford it (33%)



A10: Which of the following best describes how likely are you to seek treatment for a hearing difficulty? I would be more likely to seek treatment for a hearing difficulty if ...?

44%

Current hearing experience

- Amongst the total base, 25% have difficulty hearing when there is noise in the background, rising to 36% amongst those aged 65+
- Respondents aged 65+ are significantly more likely to misunderstand what other people are saying (24% vs 19% in total) or find it hard to follow conversations when two or more people are talking (20% vs 12% in total)
- For those who are currently experiencing hearing problems but are not seeking treatment, their current scenarios are significantly worse than for the total base of respondents



All: Which of the following scenarios describe your current hearing experience?

#timetothin

Social impact of poor hearing health

■ Strongly disagree ■ Disagree ■ Neutral ■ Agree ■ Strongly agree

Hearing difficulties can negatively impact my relationships with my family and friends

It is uncomfortable to talk with others about my hearing difficulties

Family gatherings are a strain, because of so many people talking at once

I feel cut off from family and friends, because I can't hear them as well as I would like to

I tend to bluff, or pretend I hear and understand conversations

I have reduced participation in activities, because my hearing difficulty doesn't allow me to participate in them fully

People don't include me in conversations, because of my hearing difficulty





A12: Please indicate how much you agree or disagree with each of the following statements

۶. S

Managing Hearing Difficulties



Length of time experiencing poor hearing



- 19% of those who currently experience hearing ٠ difficulties have been suffering with poor hearing health for more than 5 years
- This rises to 30% amongst those aged 65+ ٠
- This is a long time for people to suffer unnecessarily, given the range and options of treatments available that they are likely to be unaware of, given the infrequency of hearing tests mentioned on earlier slides



A13: Earlier you mentioned that you have trouble hearing. About how long have you had trouble hearing?

Discussing hearing difficulty



- For those with hearing difficulties, they are most likely to discuss this with family members (32%) than with a Doctor who specialises in hearing issues (29%) or even their family doctor (23%)
- Men with hearing difficulties are more likely to discuss with an ENT (34%) when compared with women (22%)
- 22% have not discussed their hearing difficulties with anyone, rising to 30% of those in the lower Monthly Household Income brackets



A14: Have you discussed your hearing difficulty with any of the following?

Use of medical devices for hearing difficulty

23%	13%	15%	61%
Hearing aids	Other hearing assistive technology	Cochlear implants	None of these

- 61% of those who are currently experiencing hearing difficulties do not use any devices to help them hear better
- They are, quite literally, suffering in silence
- 70% of women with hearing difficulties are not using any devices, compared to 54% of men with hearing difficulties
- 75% of those aged 55+ do no use any, compared to 50% of those aged 35-44
- In terms of usage of devices by Monthly Household Income, 64% of those earning less than SG\$3K are not using any, compared to 51% of those earning SG\$10k or more each month



A15: Do you have any of the following to help you hear better?

Positive benefit of wearing hearing devices



Important to communicate the good news that quality of life improves when wearing hearing devices, for the majority of those using them

A16: How would you rate the quality of your life since you have been wearing hearing devices?



Awareness of Cochlear Implants



Awareness of Cochlear implants

10%	25%	24%	41%
Very familiar	Somewhat familiar	Have only heard the term	Don't know what they are

- Over one third (35%) of survey respondents claim to be very/somewhat familiar with the term 'cochlear implants'
- Awareness is highest amongst men (43%) than women (25%)
- In terms of age, 48% of those aged 35-44 are aware, compared with 20% of those aged 55-64 and 16% of those aged 65+
- Awareness is highest amongst those who have had treatment for their hearing difficulties (77%) compared with those seeking treatment (51%) and those not intending to receive treatment (15%)



A17: How familiar are you with 'cochlear implants'?

Source of awareness of Cochlear implants



- Internet advertising is the greatest source of awareness for those who are familiar with cochlear implants
- Brochures at the hospital/GP office is a higher source of awareness than an ENT specialist
- This reinforces the suggestion that people with hearing difficulties are less inclined to seek authoritative information, preferring to find their own solutions in the first instance
- Audiologists ranked second to last on the list, only above sales staff or retail Pharmacists



A18: Where did you hear/have you heard about cochlear implants?

Attitudes to Cochlear implants

63%	10%	3%	25%
Better	The same	Worse	Do not Know enough about them

- Survey respondents have a generally positive view of cochlear implants, with almost two thirds (63%) believing them to be better than other options available (rising to 79% upon the base of cochlear implant users)
- 72% of men believe cochlear implants are better, compared to 48% of women, and the positive perception decreases with age

•	35-44	71%
•	45-54	62%
•	55+	38%



A19: Based on everything you know about cochlear implants, compared to other hearing devices available, would you say they are....

Appendix:

Respondent Profiles



Profiles: All respondents



Monthly Household Income

42%

\$10K+

11%

Retired/Not

working





Profiles: All extremely concerned about their hearing health





Profiles: All respondents with mild/moderate hearing difficulties





Profiles: All respondents with extreme hearing difficulties





Profiles: All not treating hearing difficulties







Thank you

CONTACT: Carl@tagrworld.com



D2082620